



31 March 2020

COVID-19 Update #6 – Wellbeing Services from the Principal for Parents and Caregivers

Dear Parents & Caregivers,

I am writing to further update you on the changing situation in response to coronavirus - COVID-19. Please be advised that Victoria Point State High School has had zero reported cases to date.

Supporting your child's mental health

The Victoria Point State High School Wellbeing Team will continue to provide support to students as required during this period of uncertainty. As of Monday 30 March 2020 through to Friday 3 April 2020 the following access to Student Support Services will be available:

Face to Face

For students attending school this week, the Student Support Services HUB will be open before school, first and second break, after school and by appointment.

Email

Please email wellbeing@vpshs.eq.edu.au using “**SUPPORT REQUEST**” as the subject. In the body of the email, parents/caregivers may wish to include a brief overview of the reasons for the request and a phone number for the support session. Please note, you can expect a response within 24 hours.

Telephone

Please contact the school on 3820 5838 to request an appointment. A Wellbeing Team Member will respond to requests for support and offer suitable contact times and method. Wellbeing Team Members will be available during school hours.

Online

Victoria Point State High School's student wellbeing support resources are accessible online using our Learning Platform – Moodle, which can be accessed from the School webpage under Quick links: <https://vpshs.eq.edu.au/> or Direct Link: <https://vpshs.moodlesite.pukunui.net/>

Things To Consider When Engaging In A Support Conversation, Via Telephone:

Privacy: Make sure you are in a private place for your telephone conversation. Both the Wellbeing Team Member and Caller have a responsibility to consider and protect privacy.

Distractions: Please attempt to minimize distractions during your telephone session. Treat your support appointment as you would a face-to-face session.

Confidentiality and Safety: If the Wellbeing Team Member is concerned about safety or the safety of another, the usual limitations around confidentiality exist. Information regarding risk and safety will be shared.

For additional support I have attached the contact details for community services surrounding Covid-19.

Yours sincerely

Scot Steinhardt
Principal

Attached

Additional Support Services during the Covid-19 Pandemic.